

1. Chemical Product and Company Identification

Product name : Helium (compressed helium gas)
Supplier : Leland Limited, Inc.
2614 South Clinton Ave.
South Plainfield, NJ 07080
1-908-668-1008 (9-5 EST)
Emergency calls : 1-800-424-9300 (Domestic)
(CHEMTREC) 1-703-527-3887 (International)

2. Hazards Identification

EMERGENCY OVERVIEW
CAUTION! High-pressure gas.
Can cause rapid suffocation.
May cause dizziness and drowsiness.
Self-contained breathing apparatus may be required by rescue workers.
Odor: None

Threshold Limit Value : Simple asphyxiant. No occupational exposure limits have been established for this material.

Effects of a Single (acute) Overexposure : **Inhalation** - Asphyxiant. Effects are due to lack of oxygen. Moderate concentrations may cause headache, drowsiness, dizziness, excess salivation, vomiting, and unconsciousness. Lack of oxygen can kill.
Skin Contact - No harm expected.
Swallowing - This product is a gas at normal temperature and pressure.
Eye Contact - No harm expected.

Effects of Repeated (chronic) Overexposure : No harm expected

Other Effects of Overexposure : Helium is an asphyxiant. Lack of oxygen can kill.

Medical Conditions Aggravated by Overexposure : The toxicology and the physical and chemical properties of Helium suggest that overexposure is unlikely to aggravate existing medical conditions.

Significant Laboratory Data with Possible Relevance to Human Health Hazard Evaluation : None known.

Carcinogenicity : Helium is not listed by NTP, OSHA, or IARC.

3. Composition, Information on Ingredients

Helium is non-toxic, non-flammable and lighter than air.

Single or Mixed : Single
Chemical Name : Helium

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Content (vol%)	: 99.0 or more
Chemical Formula	: He
CAS Number	: 7440-59-7
OSHA PEL	: None currently established
ACGIH TLV-TWA	: Simple asphyxiant

4. First Aid Measures

No action shall be taken involving any personal risk or without suitable training. If it is suspected that fumes are still present, the rescuer should wear an appropriate mask or self-contained breathing apparatus. It may be dangerous to the person providing aid to give mouth-to-mouth resuscitation.

Inhalation	: Move exposed person to fresh air. If not breathing, if breathing is irregular or if respiratory arrest occurs, provide artificial respiration or oxygen by trained personnel. Loosen tight clothing such as a collar, tie, belt or waistband. Get medical attention immediately.
Skin Contact	: Helium is harmless at atmospheric pressure. Flush with water.
Frostbite	: Try to warm up the frozen tissues and seek medical attention.
Eye Contact	: Helium is harmless at atmospheric pressure. Direct spray may cause irritation. In case of irritation, check for and remove any contact lenses. Immediately flush eyes with plenty of water for at least 15 minutes, occasionally lifting the upper and lower eyelids. Get medical attention immediately.
Swallowing	: Not applicable
Protective Measures before starting First Aid	: In a Helium leak, Oxygen concentration may be low. Before attempting first aid, ventilate the area thoroughly or wear a respirator.
Notes to Physician	: There is no specific antidote. This product is inert. Treatment of overexposure should be directed at the control of symptoms and the clinical condition.

5. Fire Fighting Measures

Flammability of the Product	: Non-flammable
Extinguishing Media	: Helium cannot catch fire. Use extinguishing media for surrounding fire. If possible, cool cylinders with water.
Special Fire Fighting Procedures	: CAUTION! High-pressure gas. Evacuate all personnel from danger area. Immediately deluge cylinders with water from maximum distance until cool, then move them away from fire area if without risk. Self-contained breathing apparatus may be required by rescue workers. On-site fire brigades must comply with OSHA 29 CFR 1910.156.
Unusual Fire and Explosion Hazards	: Helium cannot catch fire. Heat of fire can build pressure in cylinder and cause it to rupture. <i>Recommended storage temperature: 0 °C to +40 °C.</i>
Hazardous Combustion products	: None known.

6. Accidental Release Measures

- Steps to be taken if Material is Released or Spilled : **CAUTION! High-pressure gas.** Helium is an asphyxiant. Lack of oxygen can kill. Evacuate all personnel from danger area. Use self-contained breathing apparatus, where needed. Shut off flow if without risk. Ventilate area or move cylinder to a well-ventilated area. Test for sufficient oxygen, especially in confined spaces, before allowing reentry.
- Protectors : If necessary, wear a respirator.
If oxygen concentration is low, do not enter the area unprotected.
- Environmental Affects : Helium gas does not adversely affect the environment.
- Waste Disposal Method : Discard any product, residue, disposable container or liner in an environmentally acceptable manner, in full compliance with federal, state, and local regulations. If necessary, call your local disposal authority for assistance.

7. Handling and Storage

- Handling : Protection of Helium gas users
- Suffocation
Where large amounts of Helium gas are used, ensure sufficient ventilation.
- Handling of Helium gas cylinders
Handle Helium gas cylinders carefully.
Before using Helium gas, confirm the name of the gas by checking the mark or the other items on the cylinder.
Feed gas via a pressure regulator, not directly.
Use only specialized pressure regulators for Helium.
Before connecting a pressure regulator, check the thread type.
Before using a gas cylinder, check the pressure regulator, hoses, pipes, joints, etc., for leakage.
Do not refill cylinders.
Do not modify or erase marks or other items on cylinders. Do not peel off labels on cylinders.
Do not use gas cylinders in electric circuits.
Do not use burners or the like to directly heat the cylinder.
Avoid compressed Helium gas discharge.
Do not use gas cylinders for other purposes.
- Other
Do not use Helium gas in place of compressed air.
- Fire or Explosion Prevention
Helium is Non Flammable. No special measures are needed.
- Dust Prevention
No special measures are needed.

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Storage : Chemical substances that should not be mixed with Helium: None
Storage Conditions
Keep Helium away from fire and spark sources.
Do not store cylinders near electric lines or grounding.
Store cylinders in a dry and well ventilated area.
Keep cylinders away from corrosive fluid.
Keep cylinders away from direct sunlight at an ambient temperature of 0 to 40 ° C (32 to 104 ° F).
Do not expose cylinders to rough handling or falling.
Control oxygen concentration in storage areas at 18 vol% or more.

8. Exposure Controls and Personal Protection

Engineering Controls : Use only with adequate ventilation. Use process enclosures, local exhaust ventilation or other engineering controls to keep worker exposure to airborne contaminants below any recommended or statutory limits.

Personal Protection

Eyes : To protect eyes, wear goggles/safety glasses.
Respiratory Protection : Use air-purifying or air-supplied respirators, as appropriate, where local or general exhaust ventilation is inadequate during a release of gas. Adequate ventilation must keep worker exposure below applicable TLVs and ensure greater than 19.5% oxygen is present. An air-supplied respirator must be used in confined spaces. Respiratory protection must conform to OSHA rules as specified in 29 CFR 1910.134.
Hands : When handling Helium gas cylinders, wear leather gloves.
Skin and Body : Not needed.
Other : Protective equipment for cylinder handling, select in accordance with OSHA 29 CFR 1910.132 and 1910.133.

9. Physical and Chemical Properties

Physical state : Gas at normal temperature and pressure
Color : Colorless
Odor : Odorless
Explosiveness : Non-flammable
Molecular Weight : 4.0 g/mole
Specific Gravity : 0.14 (Air=1, 0 ° C, 0.1013MPa (1 atm))
Boiling/condensation point : -268.9 ° C (-452.0 ° F)
Melting/freezing point : -272.2 ° C (-458.0 ° F)
Gas Density : 178.6 g/m³ (@ 0 ° C, 0.1013MPa (1 atm))
Solubility in Water : 0.0094 He/H₂O @ 0 ° C (32 ° F)

10. Stability and Reactivity

- Stability and Reactivity : This product is stable.
- Hazardous Decomposition Products : Under normal conditions of storage and use, hazardous decomposition products should not be produced.
- Hazardous Polymerization : Under normal conditions of storage and use, hazardous polymerization will not occur.
- Conditions to Avoid : None currently known.

11. Toxicological Information

- Acute toxicity : No known toxicological effects from this product.
- Inhalation : Inhalation:
 Will not cause acute toxicity.
 This gas is not toxic, but may cause suffocation.

Oxygen Concentration (vol%)	Effect
Less than 18	Initial stage of anoxia
16 - 12	Pulse may be quick and breathing rapid. Concentration is poor. Detailed work becomes impossible. Headaches may occur.
10 - 6	Loss of consciousness may occur. The central nervous system may be damaged. Convulsions, coma, and suffocation may occur followed by loss of heartbeat 6 to 8 minutes later.
Less than 6	If oxygen concentration is extremely low, immediate unconsciousness may occur causing coma, breathing loss, and convulsions followed 6 minutes later by death.

- Local Physical Effects on Skin, Eyes, etc. : None
- Sensitization : None
- Chronic or Long-term Toxicity : None

12. Ecological Information

- General : No known ecological damage caused by this product.
- Toxicity in Fish : Helium is not specified as a Class 1 or Class 2 specific chemical substance or specified chemical substance in the Law on the Examination and Regulation of Manufacture, etc., of Chemical Substances.
- Distribution Coefficient : Helium is not specified as a Class 1 or Class 2 specific chemical substance or specified chemical substance in the Law on the Examination and Regulation of Manufacture, etc., of Chemical Substances.

13. Disposal Considerations

- Discharge of Helium Gas : Gradually release in open air.
- Disposal of Cylinders : If gas remains in cylinders, release gas with proper equipment and dispose of cylinders as incombustible waste.
For empty cylinders, check for a puncture hole and dispose of as incombustible waste.
Do not dispose of cylinders without first checking that all gas has been released.

14. Transport Information

- DOT / IMO Shipping Name : Helium, compressed
- Identification Number : UN 1046
- Shipping Label(s) : Nonflammable gas
- Hazard Class : 2.2
- Placard (When required) : Nonflammable gas
- Special Shipping Information : See CFR 49, 172.101, 173.306 for exceptions of labeling.

15. Regulatory Information

The following selected regulatory requirements may apply to this product. Not all such requirements are identified. Users of this product are solely responsible for compliance with all applicable federal, state, and local regulations.

- U.S. Federal Regulations : EPA (Environmental Protection Agency)
CERCLA: Comprehensive Environmental Response, Compensation, and Liability Act of 1980 (40 CFR Parts 117 and 302):

Reportable Quantity (RQ): None

SARA: Superfund Amendment and Reauthorization Act:

Sections 302/304: Require emergency planning based on Threshold Planning Quantity (TPQ) and release reporting based on Reportable Quantities (RQ) of extremely hazardous substances (40 CFR Part 355):

Threshold Planning Quantity (TPQ): None

Extremely Hazardous Substances (40 CFR 355): None

Sections 311/312: Require submission of Safety Data Sheet (SDSs) and chemical inventory reporting with identification of EPA hazard categories. The hazard categories for this products are as follows:

IMMEDIATE: No

PRESSURE: Yes

DELAYED: No

REACTIVITY: No

FIRE: No

Sections 313: Requires submission of annual reports of release of toxic chemicals that appear in 40 CFR Part 372.

Helium does not require reporting under Section 313.

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40 CFR 68: Risk Management Program for Chemical Accidental Release Prevention: Requires development and implementation of risk management programs at facilities that manufacture, use, store, or otherwise handle regulated substances in quantities that exceed specified thresholds.

Helium is not listed as a regulated substance.

TSCA: Toxic Substances Control Act: Helium is listed on the TSCA inventory.

OSHA (Occupational Safety and Health Administration):

29 CFR 1910.119: Process Safety Management of Highly Hazardous Chemicals: Requires facilities to develop a process safety management program based on Threshold Quantities (TQ) of highly hazardous chemicals.

Helium is not listed in Appendix A as a highly Hazardous chemical.

State Regulations : **California:** This product is **not** listed by California under the Safe Drinking Water Toxic Enforcement Act of 1986 (Proposition 65).
Pennsylvania: This product is subject to the Pennsylvania Worker and Community Right-To-Know Act (35 P.S. Sections 7301-7320).

16. Other Information

Hazard Rating Systems : **NFPA Ratings** **HMIS Ratings**
Health = 0 Health = 0
Flammability = 0 Flammability = 0
Reactivity = 0 Reactivity = 0
Special = SA*
* (CGA recommends this rating to designate Simple Asphyxiant.)

Notice to reader : This Safety Data Sheet (SDS) is prepared based on the latest materials and data. It may be subject to change when new data is obtained. The SDS state precautions assuming that the product is used under normal conditions. Uses under special conditions should take these conditions into account to ensure safety. While the SDS has been prepared as comprehensively as possible, we cannot guarantee its applicability or effectiveness under all possible conditions or applications.